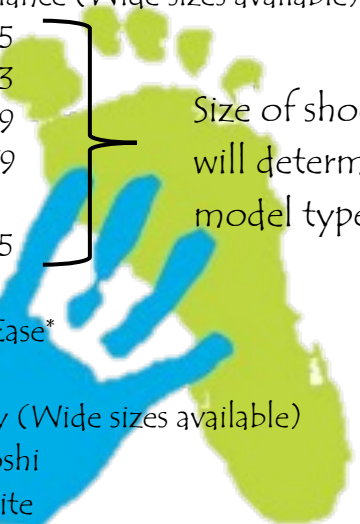


## Commonly Used Brands

- Adidas
- Aetrex
- Apakowa Shoes/Sandals
- BILLY Footwear\*
- DC
- ikiki
- New Balance (Wide sizes available)\*
  - o 680V5
  - o 680V3
  - o 860V9
  - o 880V9
  - o 888
  - o 990V5
- Nike
  - o FlyEase\*
- Peidro
- Saucony (Wide sizes available)
- Tsukihoshi
- Stride Rite



Size of shoe  
will determine  
model type

Apart from looking on their websites, you can also try searching them at:

- [www.amazon.com](http://www.amazon.com)
- [www.zappos.com](http://www.zappos.com)
- [www.zappos.com/e/adaptive\\*](http://www.zappos.com/e/adaptive*)
- [shop.nordstrom.com](http://shop.nordstrom.com)

## Don't Forget about SOCKS!

Amazon.com has a variety of socks.

Just type in the search box:

"AFO socks for children"

## KEEP IN MIND

Most of these shoes can only be found online. Make sure that your child's shoes arrives before their next appointment

### **IMPORTANT!**

**⊘ DO NOT DRIVE ALL OVER TOWN SEARCHING FOR SHOES!**

Again, most of the time, you can only find them **ONLINE**

**⊘ DO NOT ATTEMPT TO BUY SHOES AT THE LAST MINUTE!**



# SHOE GUIDE

*Tips for selecting the shoes that will work with your child's orthotic device*

Recommended style(s) for your child:

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# What to look for in a shoe?

Buying shoes that work well with your child's devices can be challenging, but it's not impossible. Use these tips to help find shoes that will be both comfortable and accommodating.

## Heel Cup

- Stiff, deep & comes to the ankle
- Holds device & feet more securely

## Removable Insole

- More room for device
- Feet more comfortable

## Stiff Soles

- Rigid & cannot be twisted lengthwise
- Provides more support/stability

## Size

- Usually 1 size larger than normal
- Look for wide



Shoe shown: New Balance 880v9 in Girls

## Throat Opening

- Long
- Makes it easier to put shoe on

## Toe box

- Deep & Wide
- Provides room for device & feet

## Closures

- Regular, non-elastic laces
- Holds device snugly in the shoe
- BOA closure for New Balance shoes

## Wide Base

- Wider across the bottom
- Provides more stability

## Reminder

Bring your shoes with you to your fitting appointment. We cannot properly fit your child with their devices without their shoes.